



Packing Checklist

We recommend packing the following items to best prepare your camper for MDA Summer Camp. Items are optional unless noted and should be labeled clearly with your camper's FIRST and LAST name. Additionally, please clearly label the outside of all luggage. We are not responsible for lost or damaged items – please keep valuable items at home.

MDA Summer Camp is **UNPLUGGED!**

Please keep all cell phones, tablets, and all other electronic or Wi-Fi enabled devices at home!

Clothing

Pack enough clean, weather appropriate, casual play clothing for 6 days, and 4 extra outfits because summer camp can get messy!

- | | |
|---|---|
| <input type="checkbox"/> Shirts* | <input type="checkbox"/> 2 Pairs of Sturdy, Rubber-Soled Shoes*
<i>(sneakers or fully strapped open-toed shoes; flip-flops and slip-ons may only be worn for bathing and water activities)</i> |
| <input type="checkbox"/> Shorts* | |
| <input type="checkbox"/> Sweatshirt or Jacket* | |
| <input type="checkbox"/> Pants or Sweatpants* | <input type="checkbox"/> 'Dress-Up' Outfit for The Dance! |
| <input type="checkbox"/> Underwear/Undershirts/Bras* | <input type="checkbox"/> Swimsuit (<i>modest, full coverage</i>) |
| <input type="checkbox"/> Pajamas (<i>light and warm</i>)* | <input type="checkbox"/> Hat |
| <input type="checkbox"/> Socks* | <input type="checkbox"/> Raincoat or Poncho* |
| <input type="checkbox"/> Shower Shoes/Pool Sandals* | <input type="checkbox"/> Sunglasses |

Bed and Bath

- | | |
|--|---|
| <input type="checkbox"/> Set of Bed Sheets (twin or XL twin) | <input type="checkbox"/> Laundry Bag |
| <input type="checkbox"/> Blanket or Sleeping Bag* | <input type="checkbox"/> Toothbrush and Toothpaste* |
| <input type="checkbox"/> Pillow* | <input type="checkbox"/> Shampoo and Conditioner* |
| <input type="checkbox"/> Mattress Pad (<i>no egg crates</i>) | <input type="checkbox"/> Soap* |
| <input type="checkbox"/> Bath Towels* | <input type="checkbox"/> Deodorant* |
| <input type="checkbox"/> Washcloths* | <input type="checkbox"/> Hairbrush* |
| <input type="checkbox"/> Bathrobe | <input type="checkbox"/> Shower Caddy |

***Required**

Outdoors and Extras

- ***Water Bottle*****
- Sunscreen
- Insect repellent
- Flashlight and Batteries
- Personal Fan
- Favorite Comfort Item
- Favorite Snacks (****Peanut-Free****)
- Beach Towel
- Swim Gear: ear plugs, nose plugs, goggles
- Books, Playing Cards, Non-Electronic Games
- Watch or Alarm Clock
- Sensory Headphones
- Notebook and Pen
- Stationery and Stamps
- Musical Instrument/Props for the Talent Show
- Item to Tie-Dye
- Laser Printed Photo for Arts & Craft Activity

Medical Equipment and Supplies

All medical equipment and supplies that your camper utilizes at home should also be brought to the camp session and must be clearly labeled with your camper's FIRST & LAST NAME.

- Medications
- Hoyer Lift & Sling
- Wheelchair/Scooter
- Wheelchair/Scooter Seat Belt
- Commode/Urinal
- Shower Chair
- Feeding Supplies
- Ostomy Supplies
- Positioners
- Respiratory Equipment
- Equipment Battery Chargers
- Extra Equipment Battery
- Extension Cord
- Surge Protector