at times of iliness of physiologic stress. a risk for adrenal suppression. Stress dose steroids may be required corticosteroids. If this individual is on chronic steroids, there may be Steroid safety: I his individual (is / is not ) on chronic necessary in some cases of exacerbation.

swallowing and are at risk for aspiration. Nasogastric tube may be **Ewallowing difficulty:** Some individuals with MG have trouble with

necessary and there is not a safe alternative, risks/benefits must be or provoke crisis. Should a medication on this list be medically beta-blockers. These medications can cause worsening symptoms aminoglycoside antibiotics, corticosteroids, procainamide, and hydroxychloroquine, quinine, magnesium (IV), macrolide and medications: fluoroquinolones, botulinum toxin, chloroquine, Medication safety: Please take caution with the following

may have an increased risk of bone fracture.

Fractures: Individuals with MG on Iong-term corticosteroid therapy

prolonged weakness.

is necessary, neuromuscular blocking anesthetics can result in benzodiazepine, opiate, and other pain medications. If intubation respiratory and swallow symptoms is necessary when giving administration of sedating medications. Close monitoring of respiratory weakness can have worsening symptoms with the possibility of myasthenic crisis. Individuals with bulbar and abnormal until very late in crisis. A normal O2 sat does not exclude need ventilatory support. Oxygen saturation (O2 sat) will not be weakness. Individuals with respiratory weakness due to MG may tor any difficulty with breathing or swallowing, or significant crisis. They have been advised to seek immediate attention Hesbiratory: This individual (1s / 1s not ) at risk for myasthenic

Precautions

## Notes from my physician

My medications



To learn more about MG, visit mda.org/disease/myasthenia-gravis or contact the MDA Resource Center at 833-ASK-MDA1 (275-6321).

Statement of liability: While every reasonable effort is made to ensure this document is useful to clinicians and service users, MDA is not liable for any damages incurred as a result of its use.

66-0053 August 2021

Fold

Line 2

## **Emergency Room Alert Card**

Myasthenia gravis (MG)

Name. Date of birth

Insurance

Neurologist/MDA Care Center

Primary care physician

Policy number

Instructions

Fold Line 1

Create wallet size document:

Print this file on 8.5" x 11" paper in landscape orientation.

Cut along dotted line.

Fold along gray lines in the sequence shown.

Fill out information.

Keep in your wallet, purse, or wherever you carry your health insurance card.

1 Fold in half lengthwise with image on outside

My medications	MPA Parante	Emergency Room MDA: Alert Card (Mysiothers stress on
	To leave more about ME, wint I wint our more as a series of the series o	Mane Suite of Arrit. Feormore
	Statement of Hability: While every resources offers in made to ensure this bounderful applicate although and provide applica. PEPA and labels for any stangers incurred as a result of its use. Made Labels.	Pality number  Mauralogish MISE Core Contes  Frimany core physician

Facing other side, fold right side inward

Fold

Line 3



3 Fold left side inward, over right side

